

PERSONAL TRAINING CERTIFICATE PROGRAM

PROFESSIONAL EDUCATION CENTER

The PEC is an initiative of the Roger Williams University's School of Continuing Studies. Founded in 2013, the PEC was created as an alternative educational route to help professionals meet the demands of the 21st century job market.

Non-credit program offerings include a variety of professional, market-driven courses to enable students to either advance within their current profession or to change the course of their career.



SKILL DEVELOPMENT AND CERTIFICATION

If your goal is to become a personal trainer, preparation for the certification exam is essential. In less than one month, expert instructors at Roger Williams University's School of Continuing Studies will have you ready for a variety of exams through the American College of Sports Medicine or the National Strength and Conditioning Association.

Certifications lead to exciting, in-demand fields within health fitness such as personal training, clinical exercise specialist, registered clinical exercise physiologist, strength and conditioning specialist and tactical specialists with specific knowledge to train military, fire and rescue, law enforcement and emergency personnel.

PROGRAM OVERVIEW

This course will include both practical and theoretical instruction and will teach you to develop safe, effective fitness programs through exercise assessment and individualized exercise prescription. Instructors will work with you on your specific career goals to ensure your preparedness for your chosen field.

Course offered:

Sessions being held quarterly starting May 2014.

Instructors:

Dr. Mark J. Andreozzi, ATC, CSCS

Karyn Gallivan, MS, ATC, CSCS, NSCA/NASM-CPT

This course is available online with a weekly lab at our Gym facility on our Bristol campus.

Cost:

\$399

Please ask us about third party options or financing opportunities through the Rhode Island Student Loan Authority (RISLA) or visit www.RISLA.com/FlexCredit

FOR MORE INFORMATION

Find us online at scs.rwu.edu/pec

or contact Ariel Wilburn at

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Roger Williams University

SCHOOL OF CONTINUING STUDIES

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